

Terms & Conditions

Promotion Title: NHFA Ultimate Fitness Coach Promotion

Prepared by: Brand Manager, Jessica Bryant

Date: 13/07/2026

Competition Launch: 01/08/2026

Competition End: 31/08/2026

Competition Summary

Parameter	Details
Promotion Name	NHFA Ultimate Fitness Coach Promotion
Promoter	National Health and Fitness Academy Pty Ltd (trading as National Health & Fitness Academy) ABN: 45 154 044 952
Competition Period	Opens: 1 August 2026 at 12:00 AM AEST Closes: 31 August 2026 at 11:59 PM AEST
Entry Method	Online entry form via official landing page
Initial Winner Draw	4 September 2026 at 10:00 AM AEST
Unclaimed Prize / Redraw	2 October 2026 at 10:00 AM AEST (if applicable)
Prize	Ultimate Fitness Coach Bundle
Total Prize Value	\$7,999.00 AUD (National & State Value)
Eligibility	Australian residents aged 18 years or over residing in QLD, NSW, VIC, ACT, SA, or WA. (Excludes NT and TAS).

1. General Terms & Eligibility

By submitting an entry to the NHFA Ultimate Fitness Coach Promotion ("Promotion"), you acknowledge that you have read, understood and agree to be bound by these Terms and Conditions and the decisions of National Health and Fitness Academy Pty Ltd (ABN 45 154 044 952), trading as National Health & Fitness Academy ("NHFA" or "the Promoter"). You also confirm that you meet all eligibility requirements.

The Promotion is open to Australian residents aged 18 years or over at the time of entry who reside in Queensland (QLD), New South Wales (NSW), Victoria (VIC), Australian Capital Territory (ACT), South Australia (SA), or Western Australia (WA).

Location Exclusion Note: Due to the requirement for physical workshop attendance and the absence of NHFA campus locations in these regions, residents of the Northern Territory (NT) and Tasmania (TAS) are strictly excluded from entering.

Employees of National Health and Fitness Academy Pty Ltd, its related entities, advertising and promotional agencies, and their immediate family members or members of their household are strictly ineligible to enter.

This Promotion is governed by the laws of Queensland, Australia, together with all applicable Commonwealth, State and Territory laws. Entrants from South Australia and the Australian Capital Territory are also subject to applicable laws and regulatory requirements of those jurisdictions. No purchase or payment is necessary to enter or win this Promotion, and making a purchase will not increase an entrant's chances of winning.

NHFA reserves the right to amend, suspend or cancel the Promotion if unforeseen circumstances arise that are beyond its reasonable control or where required by law. Any changes will be communicated via NHFA's website.

2. How to Enter

To enter the Promotion, entrants must follow the on-screen instructions and complete the online entry form ("Primary Entry") hosted on the official competition landing page.

Entry into the Promotion is free. No purchase or payment is required to enter or participate.

Entries open at 12:00 AM AEST on 1 August 2026 and close at 11:59 PM AEST on 31 August 2026 ("Competition Period").

Online entrants are subject to all notices published online, including NHFA's Privacy Policy.

By submitting content or entering the Promotion, you represent and warrant that:

- You are the sole author and owner of the intellectual property rights in any content submitted and that your submission does not infringe the rights of any third party.
- You are at least 18 years of age and reside in an eligible Australian State or Territory (QLD, NSW, VIC, ACT, SA, or WA).
- You have not received compensation from any third party in relation to the content submitted.
- Your submission is made in good faith and for the purpose of participating in this Promotion.
- Your submission does not violate any applicable law or infringe the rights of any person or entity.

- Your submission is not false, misleading, defamatory, discriminatory, offensive, threatening or unlawful, and does not contain malicious software or harmful code.
- Your submission does not include spam, advertising, external website links, personal contact information or inappropriate content.

You agree to indemnify and hold National Health and Fitness Academy Pty Ltd, its officers, employees, agents and service providers harmless from any claims arising from a breach of these representations.

All submitted content may be used by NHFA at its sole discretion. NHFA reserves the right to edit, remove or refuse any submission that it considers to be inappropriate or inconsistent with these Terms and Conditions.

By providing your email address, you agree that NHFA may contact you regarding your entry and other administrative matters relating to this Promotion.

Each eligible entrant will receive one (1) entry upon successfully completing and submitting the online entry form ("Primary Entry") during the Competition Period. Eligible entrants may earn additional bonus entries by referring others to the Promotion using their unique referral link. For each new person who enters the Promotion via the entrant's unique referral link and submits a valid eligible entry during the Competition Period, the referring entrant will receive one (1) additional bonus entry. There is no limit to the number of bonus entries that may be earned, provided each referred entry is valid and submitted by a different eligible individual. Referrals may be shared via any communication platform or channel chosen by the entrant (including email, SMS, social media or messaging applications). Self-referrals, duplicate entries, fraudulent referrals, automated entries, or referrals that otherwise breach these Terms and Conditions may be deemed invalid at NHFA's sole discretion.

3. Prize & Practical Workshop Requirements

The prize consists of one (1) Ultimate Fitness Coach Program, including:

- NHFA's Complete Personal Trainer Program (SIS30321 Certificate III in Fitness and SIS40221 Certificate IV in Fitness)
- Certified Nutrition Coach Course
- Online Coach Course

Total National & State Prize Value: \$7,999.00 AUD

Existing August 2026 Student Enrolments & Refunds: If an eligible entrant enrolls in and pays for (or sets up an official payment plan for) the Ultimate Fitness Coach Bundle (or any included course component) during the Competition Period (1 August 2026 – 31 August 2026), and is subsequently drawn as the official winner of this Promotion, NHFA will issue a full refund for any course tuition fees already paid toward the prize package, or cancel any remaining payment plan balances associated with the awarded prize.

Compulsory Practical Workshop Attendance

- **Workshop Commitment:** The Complete Personal Trainer Program is delivered through a blended learning model requiring completion of 13 compulsory weekly face-to-face practical workshops, alongside online theory and assessments.
- **Campus Locations:** The winner must attend these 13 weekly workshops in person at one of NHFA's official physical campus locations across QLD, NSW, VIC, ACT, SA, or WA. A full list of available campus locations can be viewed at nhfa.edu.au/location/.

- **Travel & Expenses:** The winner is solely responsible for arranging and funding all travel, accommodation, and personal expenses required to attend their chosen campus each week.
- **Intakes & Commencement:** Course commencement is subject to NHFA's scheduled intake dates and campus space availability.

If the winner is unable or unwilling to commit to the 13-week workshop schedule at an eligible campus, or cannot accept the prize, the prize will be forfeited and NHFA reserves the right to conduct a redraw. The prize is non-transferable, non-exchangeable, and non-redeemable for cash.

4. Winner Selection, Draw Details & Unclaimed Prize Redraw

4.1 Initial Winner Draw

One (1) winner will be selected via an electronic random draw from all eligible entries received during the Competition Period.

The prize draw will take place at **10:00 AM AEST on 4 September 2026** at:

National Health and Fitness Academy Pty Ltd

Lobby 1, Level 2 / 76 Skyring Terrace

Newstead QLD 4006

The draw will be conducted by an authorised representative of NHFA and the result will be final.

The winner will be notified in writing by email to the email address provided at the time of entry within two (2) business days of the prize draw. The winner must verify their identity and eligibility (including proof of eligible residence and age) within fourteen (14) business days of being notified.

Once the prize has been accepted, NHFA will publish the winner's first name, last name and postcode of residence, including state or territory of residence on its website (at:

<https://nhfa.edu.au/articles/>) within seven (7) days of verification. The prize must be redeemed within 12 months of acceptance unless otherwise agreed in writing by NHFA.

4.2 Unclaimed Prize & Redraw Arrangements

If the prize remains unclaimed, or if the original winner cannot be contacted, fails to verify their eligibility within fourteen (14) business days of notification, declines the prize, or is unable to commit to the workshop requirements, the prize will be forfeited.

In the event of an unclaimed prize, an electronic redraw will take place to determine a new winner.

- **Redraw Date & Time:** 22 September 2026 at 10:00 AM AEST
- **Redraw Location:**
- **National Health and Fitness Academy Pty Ltd**
- Lobby 1, Level 2 / 76 Skyring Terrace
- Newstead QLD 4006

The redraw winner (if required) will be notified by email two (2) business days of the redraw and will have fourteen (14) business days to claim the prize and verify eligibility. The redraw first name, last name and postcode of residence, including state or territory of residence on its website (at: <https://nhfa.edu.au/articles/>) within seven (7) days of verification. Subject to these Terms and Conditions, a total of one (1) prize will be awarded.

5. General Conditions

If there is any dispute regarding the identity or eligibility of an entrant, NHFA reserves the right to determine the entrant's identity and eligibility based on the information provided at the time of entry. Entries that are incomplete, altered, fraudulent or generated using automated systems may be declared invalid.

National Health and Fitness Academy Pty Ltd is not responsible for lost, late, incomplete, misdirected or corrupted entries, technical failures, system outages, network interruptions or any other circumstance beyond its reasonable control that affects the administration of the Promotion. Failure to comply with these Terms and Conditions may result in disqualification.

NHFA reserves the right to disqualify any entrant who tampers with the entry process or otherwise compromises the integrity or fairness of the Promotion.

This Promotion is governed by the laws of Queensland, Australia, together with all applicable Commonwealth, State and Territory laws. Entrants from South Australia and the Australian Capital Territory are also subject to applicable laws and regulatory requirements of those jurisdictions. Any dispute arising in connection with this Promotion will be governed by the applicable laws of Australia and may be brought before the courts of the entrant's State or Territory of residence, where required by law.

If, for any reason, any aspect of this Promotion is not capable of running as planned, including due to a computer virus, communications network failure, bugs, tampering, unauthorised intervention, fraud, technical failure or any other cause beyond the reasonable control of the Promoter, the Promoter reserves the right, in its sole discretion and subject to any applicable Commonwealth, State or Territory laws and regulatory approvals, to cancel, terminate, modify or suspend the Promotion, invalidate any affected entries, and, where necessary, modify or withdraw the prize

6. Privacy

By entering this Promotion, you agree to receive communications from NHFA relating to the administration of the competition. Where you have provided your consent, you may also receive marketing communications from NHFA. You may unsubscribe from marketing communications at any time.

Personal information collected in connection with this Promotion will be handled in accordance with National Health and Fitness Academy Pty Ltd's Privacy Policy, available at nhfa.edu.au/privacy-policy/.

Information will be used to administer the Promotion and, where consent has been provided, to send marketing communications.

If you have any questions regarding this Promotion, please contact marketing@nhfa.edu.au.

7. Contact Details

- **Promoter Entity:** National Health and Fitness Academy Pty Ltd
- **Business Name:** National Health & Fitness Academy
- **ABN:** 45 154 044 952
- **Contact Email:** marketing@nhfa.edu.au
- **Phone Number:** 1300 161 013

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- **Website:** nhfa.edu.au
 - **Address:** Lobby 1, Level 2 / 76 Skyring Terrace, NEWSTEAD, QLD 4006

8. Trade Promotion Permits

Trade promotion permit numbers will be published here where required by applicable Australian state or territory legislation.

- **ACT:** Permit No ACT TP 26/01713
- **SA Licence No.:** T26/1311